



Caring for your temporary restoration

Your temporary is made to last for at least a few weeks. This allows us to evaluate any potential problems prior to your final restoration.

IMPORTANT CONCERNS

The temporary must stay on:

Your temporary is held on with strong cement. Occasionally, it may loosen or come off before it should. If this happens, the tooth may move, become sensitive or cause inflammation. Any of these conditions may prevent timely placement of the final restoration.

To prevent loosening:

Be careful with biting and chewing foods. Avoid hard, tough, crunchy and/or sticky foods. Floss carefully. Avoid pulling up or down on the temporary. After introducing the floss between the teeth, merely pull the floss out the side.

What to do if it comes off:

Call us. We would like to recement it for you in a timely manner. If you cannot come in, replace the temporary with finger pressure or secure it with a small amount of denture adhesive such as Poli-Grip or Fixodent.

The tissue around your temporary must be kept very clean and healthy:

Flossing and brushing are the most important things you can do to insure good tissue health. If you were prescribed PerioGard, it was to improve the tissue health and to facilitate the placement of the final restoration. Dip your brush in a small amount of the solution; massage it into the tissue around the tooth for 20 seconds, twice daily.

Normal Expectations after tooth restoration:

- Some tenderness
- Some soreness, but only for a few days. Please call us at (702) 877-6608, if you experience any conditions that, in your opinion, seem to be out of the ordinary.

Balle & Associates provides important pre and post-operation instructions along with proper cleaning and oral hygiene information such as flossing, brushing, and diet. Balle & Associates cosmetic and general dentistry of Las Vegas, Nevada would be glad to answer any of your questions pertaining to any of the dental techniques and procedures provided in our office. For more information, please tour our site www.balledds.com or call us at (702) 877-6608 with any questions or concerns.