



Speedy Bridge Post-operative instructions

Common names for implant supported bridge: Speedy bridge, All on 4 and Hybrid bridge

Home care after surgery:

Bleeding: Intermittent bleeding and oozing is normal. Bleeding from the nose is also normal and caused by the placement of implants close to the sinuses. Avoid blowing your nose with force. Please contact the Oral surgeon if severe heavy uncontrolled bleeding occurs.

Swelling and bruising: Swelling can be minimized with the application of a ice pack wrapped in a towel. Apply ice pack to outside of face in surgery area for 20min on then 20min off during the first 12 to 24 hours. Most swelling occurs on the 2nd and 3rd day after surgery. Bruising is a result from surgery. Moist heat can be applied to bruised areas to promote blood flow to help discolored areas dissipate faster.

Pain/ Nausea: Pain medication is prescribed by Oral surgeon after surgery. It is normal for pain and swelling to increase for the first 3 days after surgery. After this, you should gradually begin to feel better. Try to start taking pain medication before the anesthetic has worn off. Nausea is not uncommon after surgery or while taking pain medication. Try taking pain medication with a small amount of food. Please call your Oral surgeon if repeated vomiting is a problem.

Cleaning/ brushing/ mouth rinses: Avoid using a water pick until seen for follow up appointment with Oral surgeon. Brushing Speedy Bridge with a small amount of tooth paste and a soft tooth brush. Avoiding surgery and sutured sites. Use prescribed medicated mouth rinse twice a day- holding rinse in mouth for 1 min with gentle swishing, spit out mouth wash but do not rinse after.

Diet: Stick with a soft diet. Foods that can be eaten with a few chews and swallowed. Avoid very hard, crunchy or chewy foods. Types of soft foods- mashed potatoes, ground beef, eggs, pasta, yogurt, rice, soup. Ensure nutritional drink is also a great way to get your nutrients in.

Home care after healing- typically 4 to 6 weeks after surgery

Cleaning under Speedy bridge: A water pick should be used twice a day to flush debris from under Speedy Bridge. Brushing with a soft toothbrush and a small amount of tooth paste. We recommend using a non- alcohol based mouthwash. Alcohol can be very irritating to surgery sites.

Diet: Over the next couple weeks progress to foods that can be cut easily with a fork. It is important to eat nourishing foods to allow your body to heal.

In office maintenance

Hygiene: Patients should have Speedy bridge cleaned in dental office twice a year. Patients with natural teeth should have a hygiene appointment 2 to 4 times a year based on their needs.

Hygiene of Speedy Bridge is commonly done with bridge in place. The hygienist is able to clean around and underneath with specialized tools - removal is not recommended unless a problem is noted.

Reasons why removal of Speedy Bridge may be needed:

- Excessive amounts of tartar and calculus build up around and under Speedy Bridge.
- Concave design of Speedy bridge due to shape of patients tissue.
- If a problem is suspected around implants and area needs to be seen visually
- Removal to repair a broken Speedy Bridge.

Risks and costs involved with removal of Speedy Bridge

*On occasion the Speedy bridge may need to be removed for reasons listed above.

The screws that hold the Speedy bridge in place are made from a titanium based metal and they are made to stretch and torque into place holding Speedy Bridge firmly in place. When screws are removed multiple times the screw weakens and there is a chance that the screw could break off inside the implant. Which may damage the implant beyond repair. It is recommended that screws be changed out every other time it is taken off.

If for any reason the screws are damaged, there is an additional cost for the replacement of the screws and for repair of Speedy bridge.

The Speedy Bridge is a great option for replacing missing teeth. Home care is very important in maintaining a successful long lasting restoration. Even though there is no guarantee on how long the material of Speedy bridge will last, great home care will extend the life of implants along with the Speedy Bridge prosthetic appliance.

Balle & Associates provides important pre and post-operation instructions along with proper cleaning and oral hygiene information such as flossing, brushing, and diet. Balle & Associates cosmetic and general dentistry of Las Vegas, Nevada would be glad to answer any of your questions pertaining to any of the dental techniques and procedures provided in our office. For more information, please tour our site www.balledds.com or call us at (702) 877-6608 with any questions or concerns.